FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20049	

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Randall Cavitt				2. Issuer Name and Ticker or Trading Symbol Arena Group Holdings, Inc. [AREN]								5. Relationship of Reporting Persor (Check all applicable) Director				on(s) to Is			
(Last) 200 VES	,	rst) ((Middle)		3. Date of Earliest Transaction (Month/Day/Year) 08/30/2024								Officer (give title Other (spec below) below)				specify		
(Street) NEW YO			10281 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Indi Line)	,							
		Table	e I - Nor	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or I	3ene	ficially	y Own	ed			
Date			2. Transac Date (Month/Da	Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (ADISPOSE OF (D) (Instr. 3DISPOSE OF (D) (Instr			, 4 and Securiti Benefic Owned		ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount		or F	Price	Transa	ported nsaction(s) str. 3 and 4)			(Instr. 4)		
Common Stock 08/30/2				2024		A		10,357	10,357 A		\$ 0.9	0.9 185,168		D					
		Та							,		osed of, o			•	Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution if any	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Yea		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y Ov Fo Dii or (I)	wnership orm: rect (D) Indirect (Instr. 4)	Beneficia Ownershi (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amor or Numl of Share	ber					

Explanation of Responses:

/s/ Cavitt Randall

09/04/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.